

Ms. Camila Peters

Chief, IT Services

Division of Corporate Finance

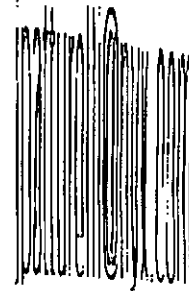
Securities and Exchange Commission  
100 F Street, NE  
Washington, D.C. 20549



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CERTNYS

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Received SEC

OCT 22 2008

Washington, DC 20549

Dear Ms. Peters:

This is to certify that on October 21, 2008 the NYSE Alternext US LLC (the "Exchange") received from Health Fitness Corporation (the "Registrant"), a copy of the Registrant's application on Form 8-A for the registration of the following securities:

Common Stock, \$0.01 par value

We further certify that the above described securities have been approved by the Exchange for listing and registration.

We understand that the Registrant is seeking immediate acceleration of the effective date of registration, and we hereby join in such request.

Sincerely,

Jamie Paturelli

PROCESSED

OCT 23 2008

THOMSON REUTERS



# NYSE Regulation

NYSE ALTERNEXT US

Jamie Patrawall

DIRECTOR  
CORPORATE COMPLIANCE

30 Broad Street  
New York, NY 10004

October 22, 2008

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# Fax

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American Stock Exchange  
88 Trinity Place  
New York, NY 10006-1872

**Date:** October 22, 2008

**To:** Ms. Cecile Peters

**From:** Robert Schmidt

**Firm:** Securities and Exchange Commission

**Fax:** 212.656.5071

**Fax:** 202.777.1030

**Phone:** 212.656.2491

**Phone:**

**Pages:** 2 (Including cover sheet)

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This is a confidential fax. If you receive it in error please notify the sender and destroy this document. Thank you.

END